

Lake District and North Cumbria

17-19 September 2021

This year's 'Spring' Meeting will take place in the Lake District and Cumbria, starting on the evening of Friday 17th September and concluding mid-afternoon on Sunday 19th. We will continue to watch Boris' announcements closely and will alter plans accordingly. The meeting will be based in Penrith, Cumbria. This year's organiser is Emma Watson.

On Friday evening at 7pm, the **Little Martindale room** in the **North Lakes Hotel** will play host to introductory talks, with a cash bar nearby (https://www.northlakeshotel.co.uk/).

On Saturday 18th, we plan to set off at 9:30 (at the latest). We will be visiting all the Neolithic monuments (and possibly a few Bronze age ones (sorry!!)) along the A6 southbound from the A66 towards Shap. These include: two henges (a Type I and a Type II); Trainford Brow Early Neolithic long barrow; at least 4 stone circles – Gunnerkeld, Kemp Howe, Oddendale and Gamelands; and the 'lost' Shap Neolithic stone avenue.

As the distance is minimal (a total of 40 miles for the full day), we plan to travel together by pooling available cars. To this end, it would be really useful if you could provide an indication of your travel arrangements on the attached booking form so we can establish that we have enough cars to accommodate everyone.

On Saturday evening at 7:30pm, a meal has been organised in the **Little Martindale room** in the **North Lakes Hotel** at £30.00 per person for a 3-course meal, plus coffee and mints.

On Sunday morning, at 10am, we will travel (again, by pooling available cars where needed) to nearby Long Meg and her Daughters stone circle, where (hopefully) Paul Frodsham will walk us around the site and discuss the recent excavation and findings. After this, there will be an option to either return to the North Lakes Hotel or to travel on to Castlerigg stone circle.

Most of the sites we will visit are easily accessible on foot though a small number will involve walking along rough tracks and across unimproved ground so a reasonable level of fitness will be required. The weather here can also change very quickly, so be prepared for all eventualities and bring your walking boots, gloves and waterproofs as well as sun block and sunglasses. Four seasons in a day is quite common in Shap!

Cost will be £25. This cost covers the room hire for the talks on Friday evening and a packed lunch with snacks on Saturday. Payment for the Saturday evening meal will be needed 4 weeks in advance of the date (by Friday 20th August 2021).

Organiser – Dr Emma Watson, 07748 652084, <u>e.e.watson@durham.ac.uk</u> or <u>emma@dbra.co.uk</u>.

Please use the booking form attached and make sure you return it by **Friday 16th July 2021**.

Provisional programme

FRIDAY 17th SEPTEMBER

Group arrives in Penrith (North Lakes check-in from 3pm)

7-9pm Introductory talks on the Neolithic archaeology of the area

North Lakes Hotel, Ullswater Rd, Penrith, Cumbria CA11 8QT

SATURDAY 18th SEPTEMBER

9:30am Depart Penrith, from outside North Lakes Hotel

- Mayburgh and King Arthur's Round Table henges
- Trainford Brow Early Neolithic long barrow (viewing only)
- Gunnerkeld stone circle (emergency toilet available here, with permission from the farmer)
- Oddendale stone circle (and possibly Iron Hill North & South Bronze Age ring cairns with cist, time permitting)
- 1:30pm Lunch stop Shap village North Lakes Hotel packed lunch provided (toilets available here)
- 2:30pm
- the 'lost' Shap Neolithic stone avenue, including the Goggleby and Slaughter Stones
- Kemp Howe stone circle (may only have time to view from road)
- Gamelands stone circle

6pm Return to Penrith

7.30pm Meet for pre-dinner drinks (not included)

8pm Dinner in the Little Martindale room at the North Lakes Hotel at £30.00 per

person for a 3-course meal, plus coffee and mints.

SUNDAY 19th SEPTEMBER

10am Depart Penrith

Long Meg and her Daughters stone circle and on-site talks

1pm Lunch (bring own packed lunch)

2pm Group disperses/ travels on to Castlerigg stone circle, Keswick

NB All site visits are subject to change and are dependent on timing constraints and weather. Additional sites may be added if time permits.

TRAVEL TO PENRITH

BY AIR

There are many airports within a 2-3 hour drive of Penrith, including Glasgow, Edinburgh, Newcastle, Manchester

BY BUS

Penrith is on the route of various National Express itineraries.

BY CAR

Penrith is just off junction 40 of the M6 and so easily accessible by car: Ullswater Rd, Penrith, CA11 8QT.

BY RAIL

Penrith sits in the west coast mainline and so is easily accessible by trains operated by Transpennine Express, Northern by Arriva etc.

ACCOMMODATION

Penrith

There is a wide range of accommodation options available in and around Penrith including hotels, guesthouses and self-catering cottages. If you are not travelling by car, please ensure you stay within easy walking distance of the town centre. We recommend that you book flexible accommodation eg with free cancellation, in case the event cannot run due to Covid restrictions.

The North Lakes Hotel and Spa has offered a B & B deal of £140 per night, for single occupancy of a double/twin room or £149 per night for a shared twin or double room. Other deals are available, on request. Booking directly with the hotel provides free use of their luxury spa facilities – swimming pool, sauna etc.

Please contact Stef McCall, Conference and Reservations Co-ordinator, on 01768 860165 or email her at https://www.northlakeshotel.co.uk/ to avoid disappointment.



Neolithic Studies Group Spring Meeting to North Cumbria and the Lake District

17th - 19th SEPTEMBER 2021

Booking Form

Name:	
Email address:	
Mobile number	"
(email will be the main means of contact)	
If booking more than one place, please give additional names, email addresses, mobile numbers	
Proposed Trave	l Arrangements:
Saturday night	dinner: YES / NO
Payment Metho	od: Cheque (enclosed) Bank Credit Transfer
Cheques should be made payable to Neolithic Studies Group . Bank credit transfers should be paid to Sort code: 09-01-52 , Account number: 72613800 , quoting your surname followed by S23 as the reference.	
Please emai	completed forms or send them, with cheque payments of £25,
to: Dr Emma Watson, 12 Blackfriars, Yarm, TS15 9HG.	
Photographic permission: I give permission to the Neolithic Studies Group for my photograph or video image to be used in the local and national media or other promotional material for which it may be suitable. This use extends to all publicity for the Neolithic Studies Group which may include digital reproduction for use on the internet or in social media as appropriate. Please tick the box below to consent to this.	
I consent	to my photograph being used as described above.
communicate wit database. This is i	your data: Information in this form will only be used to allow us to plan the fieldtrip and h you about the fieldtrip, and to document your attendance at this event in the NSG mailing in accordance with the Data Protection Act 2018 and GDPR legislation. Please sign to indicate use your data as described here.
Signed	

Completed forms must be received by Friday 16th July 2021